



2023 JAPANESE IMMERSION: Cruise to Japan & South Korea Plus Niigata, Sado Island, Nagano & Tokyo Shopping

10 Nights Deluxe Cruise Plus 1 Night Pre-Cruise Stay in Tokyo & a Total of 6 Nights Post-Cruise Stay in Niigata, Sado Island, Nagano and Tokyo

**17 Nights / 19 Days • Sail Roundtrip from Yokohama, Japan
Escorted from Honolulu • Aboard Nautica
March 31 – April 18, 2023 • Tour Manager: Geri Ichimura**

VISIT: Shimizu, Japan • Kyoto (Kobe), Japan • Hiroshima, Japan • Busan, South Korea
Nagasaki, Japan • Hososhima, Japan • Kochi, Japan • Nagoya, Japan

YOUR WORLD. YOUR WAY.

Once you sail on one of our luxurious ships, you will never settle for anything less, nor will you ever again be satisfied with anything more in regard to size. Larger ships simply cannot provide the pronounced coziness and personalized vacation experience for which Oceania Cruises has become renowned.

Warmth and conviviality come naturally. Elegance and grace are givens. The ambiance is exceptionally relaxed and personal as we singularly focus on your individual desires. Consequently, service standards soar, guest easily develop a rapport with staff and fellow guests, and the friendships only deepen as the days pass effortlessly. It's the ultimate satisfaction of enjoying every moment of the experience in your own way.

Get Ready to be Pampered — With just **684 guests onboard**, our **400 professionally trained European staff** ensure you will wait for nothing.

Nautica Overview: In a dramatic re-inspiration process, *Nautica* has become a completely redesigned ship without peer. Every surface of every suite and stateroom is entirely new, while in the public spaces, a refreshed color palette of soft sea and sky tones surround a tasteful renewal of fabrics, furnishings and lighting fixtures that exquisitely encompasses the inimitable style and comfort of Oceania Cruises. From the bejeweled new chandeliers in the gracious Grand Dining Room to the beckoning Reception Hall, *Nautica* celebrates a rejuvenation so sweeping, you will find it positively unimaginable to resist her welcoming embrace.

Sleek and elegantly charming, *Nautica's* decks are resplendent in the finest teak, custom stone and tile work, and her lounges, suites and staterooms boast luxurious, neo-classical furnishings. *Nautica* offers every luxury you may expect on board one of our stylish ships. She features four unique, open-seating restaurants, the Aquamar Spa + Vitality Center, eight lounges and bars, a casino and 342 lavish suites and luxurious staterooms, nearly 70% of which feature private verandas.

HEALTH + SAFETY + PROTECTION[◊] HEIGHTENED PROTOCOLS FOR THE HEALTHY RETURN TO SAILING

SAFETY FOR OUR SHIPS

Our concern for your health and well-being begins well before your journey starts and continues each and every day aboard our ships, which feature stringent health and sanitation protocols.

SAFETY FOR OUR GUESTS

We've engaged some of the world's most experienced medical experts to develop industry-leading protocols to keep you healthy and safe.

SAFETY FOR OUR CREW

We're keeping our crew healthy using the most advanced technologies and practices.

[◊] See Oceania's website for more information <https://www.oceaniacruises.com/health>. * Fares are per person, USD based on double occupancy for a B2 Verandah Stateroom aboard Nautica. After initial deposit, a \$75 per person Non-Stop Travel (NST) Cancellation Fee will apply. Group departures may be cancelled if there are less than 20 tour members. NST does not guarantee that all tour members will fly together with Tour Manager. Tour Manager assignments and "final" tour itinerary are subject to change. NST reserves the right to correct errors or omissions including but not limited to, fares, fees and surcharges at any time. † Exclusive Bonus amenities are per stateroom, based on double occupancy. Unlimited internet applies to 1 account per stateroom. ‡ Gratuity is not included for optional shore excursions and your Tour Manager. †† Earn Rewards Every Time You Refer a Friend. For each "New-to-NonStop Travel" customer you refer, both you and your referral can receive a \$25 discount off your next NST escorted group. **Special Assistance:** You must notify NST, at time of reservation, of any disability requiring special attention. NST reserves the right to cancel your booking or terminate your vacation if your special needs or disabilities are not suitable for the vacation or if you are not traveling with a companion who will provide all the assistance you require. **Wheelchair and Electric Scooter access outside of the USA is severely restricted.** 081922



COMPLETE PACKAGES!

FROM ~~\$20298~~^{*}
\$10899^{*}

2-FOR-1 CRUISE FARES
HURRY! LIMITED SPACE!
BOOK BY OCTOBER 31, 2022!

EXCLUSIVE BONUSES![†]

- FREE Pre-Paid Gratuities[‡]
- FREE Unlimited Internet

AND CHOICE OF ONE:

- FREE 6 Shore Excursions
- FREE Beverage Package
- FREE \$600 Shipboard Credit

Non-Stop Travel Exclusive on Pre & Post-Cruise Land Tour

DON'T MISS A THING!!! WHISPER
— Wireless Tour Guide System!
English Narration Directly to Your Ear!

Non-Stop Travel Niigata & Sado Island Exclusives

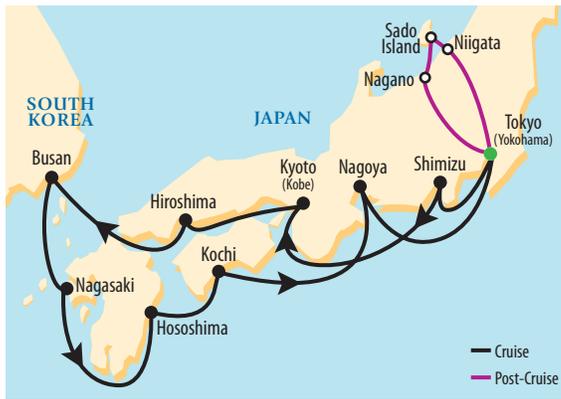
KAISEKI DINNER — With Geiko
(Geisha) Performance!
ONI-DAIKO — Demon Drums Performance



Locally Owned & Operated
Since 1985 — Mahalo Hawai'i!
615 Piikoi Street, Suite 102
Honolulu, Hawai'i 96814

593-0700
or Toll-Free
1-800-551-1226

www.nonstop.travel



CATEGORY	BROCHURE/PROMO FARE	DECKS	CATEGORY	BROCHURE/PROMO FARE	DECKS
SUITES			VERANDA		
PH1 – Penthouse Suite	\$27,499 / \$14,499	8	B1 – Veranda	\$20,699 / \$11,099	6
PH2 – Penthouse Suite	\$26,899 / \$14,199	8	B2 – Veranda	\$20,299 / \$10,899	6
VERANDA			OCEAN VIEW		
A1 – Veranda	\$21,999 / \$11,749	7 & 8	C1 – Deluxe Ocean View	\$17,099 / \$9,299	4, 6 & 7
A2 – Veranda	\$21,699 / \$11,599	6 & 7	C2 – Deluxe Ocean View	\$16,799 / \$9,149	4
A3 – Veranda	\$21,399 / \$11,449	7	Cruise Deposit: \$750 per person • Air & Land Package Deposit: \$500 per person Final Payment Due: 11/28/22		

Sightseeing in each port is NOT included. Shore excursions are available for purchase through Oceania Cruises.

Day 1: Fri, Mar 31 – HONOLULU. Depart Honolulu.

Day 2: Sat, Apr 01 – TOKYO. Arrive Tokyo. After entry formalities, transfer by coach to hotel in Tokyo. KEIO PLAZA HOTEL TOKYO (1 Night)

Day 3: Sun, Apr 02 – TOKYO – YOKOHAMA – EMBARK NAUTICA. After a delicious breakfast at the hotel, depart the hotel for Yokohama. We start our day visiting **Sankeien Garden** – a spacious Japanese-style garden in southern Yokohama which exhibits a number of historic buildings from across Japan. Next, explore the **Cup Noodle Museum** and learn about the history of this dorm room favorite of students worldwide. Have lunch in **Yokohama's Chinatown** before spending some time exploring “**Minato Mirai 21**,” a seaside urban area in central Yokohama whose name means “harbor of the future.” It has many large high rises, including Japan's tallest building, the Landmark Tower. Later, transfer to the pier for embarkation on the Oceania Nautica. Depart 7:00 pm. (B, L, D)

Day 4: Mon, Apr 03 – SHIMIZU, JAPAN. Arrive 8:00 am. Depart 5:00 pm. In the shadow of Mount Fuji, Shimizu is one of the most beautiful ports in Japan. Walk through the pine groves of Miho, home to a 650-year-old Japanese black pine, or enjoy spectacular views of Mount Fuji from the lush, forested hill of Nihondaira. Take in the seascapes on a bay cruise, or learn of undersea delights at Japan's first sushi museum. For a historic angle, get a glimpse at feudal life in Japan in 200 B.C. at the archaeological site of Toro. (B, L, D)

Day 5: Tue, Apr 04 – KYOTO (KOBE), JAPAN. Arrive 12:00 pm. Overnight in Port. Visit the breathtaking temples and shrines of Japan's old imperial capital, Kyoto, or explore ancient Nara, the cradle of Japanese arts, literature and crafts, with its magnificent shrines and temples that predate Kyoto's. Stroll through Nara Park, famed for its deer and impressive Kasuga Grand Shrine. Then travel on to Osaka and its famed castle. In Kobe, visit historic Himeji Castle, a huge edifice built entirely of wood and tile. (B, L, D)

Day 6: Wed, Apr 05 – KYOTO (KOBE), JAPAN. Depart 7:00 pm. (B, L, D)

Day 7: Thur, Apr 06 – HIROSHIMA, JAPAN. Arrive 8:00 am. Depart 5:00 pm. Visit the skeletal A-Bomb Dome, the Peace Memorial Park and Museum and the statue dedicated to the children who died after the atomic bomb was dropped on this city in 1945. Stroll through beautifully landscaped Hiroshima Gardens, visit the rebuilt Hiroshima Castle or journey to the exquisite sacred island of Miyajima and see the extraordinary Itsukushima Shrine. (B, L, D)

Day 8: Fri, Apr 07 – BUSAN, SOUTH KOREA. Arrive 11:00 am. Depart 8:00 pm. From trendy cafes and famous fish markets to sacred temples and traditional tea ceremonies, Busan, the second largest city in South Korea is bursting with flavors and culture. Take a walk in the relaxing Yongdusan Park while admiring the various species of trees and a view of the Busan Tower. At the Hongbeopsa farming temple, explore the renowned large Buddha statues at the Main Buddha Hall while walking along a water lily path, or experience a traditional Korean tea ceremony conducted by one of their monks. (B, L, D)

Day 9: Sat, Apr 08 – NAGASAKI, JAPAN. Arrive 8:00 am. Depart 5:00 pm. Discover remnants of old Nagasaki beside the modern city. Visit the Peace Park and Atomic Bomb Museum. Or travel to Arita, home of magnificent Japanese ceramics, and tour famous Kakiemon Kiln, which continues a 400-year-old tradition. Experience feudal Japan and the natural wonders of Shimabara Peninsula with its volcanoes and hot springs. (B, L, D)

Day 10: Sun, Apr 09 – HOSOSHIMA, JAPAN. Arrive 10:00 am. Depart 8:00 pm. Hososhima is located in Hyuga City, the center of the coastal region of eastern Kyushu. To get a sense of its tradition and culture, visit the historical museum at Old Takanabe-ya Inn, which was built in 1921 and kept in its original state. Near the museum are the lovely Myokoku-ji Gardens and the Mihoko Shrine, where the legend of Emperor Jimmu lives on. Hososhima is home to Cape Hyuga with its spectacular view of the ocean and land coming together, as well as the Omi Shrine, a place believed to be flowing with mystical energy. (B, L, D)

Day 11: Mon, Apr 10 – KOCHI, JAPAN. Arrive 7:00 am. Depart 4:00 pm. Not the typical Japanese city, small and compact Kochi has gained a well-deserved reputation for its exuberant, easy-going spirit and vibrant food scene. The city is the birthplace of the legendary samurai Sakamoto Ryoma, who created an alliance that eventually brought down the Tokugawa shogunate and is now commemorated in a memorial museum. In the city center, don't miss the well-preserved hilltop Kochi Castle to explore the grounds where the city was established in 1601. You might continue your downtown explorations at one of the many pedestrian shopping arcades or at a restaurant to try Kochi's most famous dish – katsuno-tataki, a savory dish of grilled, ponzu-marinated skipjack tuna or bonito fish. (B, L, D)

Day 12: Tue, Apr 11 – NAGOYA, JAPAN. Arrive 8:30 am. Depart 5:00 pm. A center of modern commerce, yet steeped in ancient history; visit the castle in the center of town, its golden orca statues are a symbol of the city. Explore Toyota's Museum of Technology and tour the Noritake factory, where bargains on the fine china can be found. (B, L, D)

Day 13: Wed, Apr 12 – YOKOHAMA, JAPAN – DISEMBARK NAUTICA – TOKYO – NIIGATA. Arrive 7:00 am. Disembark Nautica. After disembarkation, transfer by motorcoach to the Shin-Yokohama station. Take the **JR Super Express Train** to Tokyo and then Niigata. Upon arrival in Niigata, visit the **Niigata Furusato Village**, where there are shops selling Niigata specialties, restaurants serving local cuisine, a Niigata sightseeing information corner and a corner providing Niigata historical and cultural information to visitors. Enjoy lunch here (on your own). After lunch, explore the **Northern Culture Museum**. Originally serving as a mansion of Ito Bunkichi, who lived in the Edo Period (1603–1868) and was one of the greatest landowners in Japan, nowadays, the museum houses calligraphy and ceramics, lacquer ware and documents related to Ito's family history. You can also visit the garden; it is a “walking” garden with a big pond. You're in for treat this evening!! Along with dinner, we are entertained by an authentic **Geiko**. Dancing, singing, and playing fun games. HOTEL NIKKO NIIGATA (1 Night) (B, D)

Day 14: Thur, Apr 13 – NIIGATA – SADO ISLAND. Transfer to Niigata Port. Take a **jet foil** to Sado Island. After arrival on Sado Island, visit the charming fishing village of **Shukunegi**. The entire village is designated as a “National Historic Site.” Take a stroll along the narrow streets of Shukunegi Village to feel the history and experience the living conditions of people living during the Edo period. Here, you will be able to find the popular *sanku-ya* which is a triangle-shaped house, built to fit the shape of the land available at that period of time. Then take a traditional “**Tarai-Bune**” boat ride. The tarai-bune tub boats floating along the Ogi coastline are considered the symbol of Ogi. These boats are constructed out of cedar wrapped with bamboo on the outside, with a diameter of about 150 cm. Developed and used during Edo and Meiji periods, the tarai-bune tub boats, mainly operated by women, were ideal for tight turn and stability amidst the abundant reefs and coves along the Ogi Peninsula. These boats were originally used for collecting shellfish and seaweed from around the coast. Tonight, a special **Kaiseki Dinner** will be served at your hotel accompanied by an authentic **Oni-Daiko (Demon Drums) Performance**. HOTEL YAHATAKAN (2 Nights) (B, L, D)

Day 15: Fri, Apr 14 – SADO ISLAND. This morning, begin the day with a tour of **Japanese Crested Ibis Conservation Centre**. Make your own **soba noodles** and eat your delicious creation for lunch. After lunch, visit the **Sado Gold Mine**. Then the **Obata Sake Brewery** for a **tour and tasting** of their products. Enjoy dinner at La Plage, a local restaurant, before returning to the hotel for the evening. (B, L, D)

Day 16: Sat, Apr 15 – SADO ISLAND – NAGANO. Transfer to Ogi Port. Take a jet foil to Nagano. Upon arrival in Nagano, take a tour of **Zenkoji Temple**, one of the most important and popular temples in Japan. Founded in the

7th century, it stores the first Buddhist statue ever to be brought into Japan when Buddhism was first introduced in the 6th century. Next, **practice the art of Shakyō**, the tracing of the sutras. While the Buddhist practice of Shakyō was originally a means of spreading the Buddha Way, today people practice shakyō to reflect on themselves or to attain mental well-being and peace. Relax a little before enjoying dinner at the hotel. RYOKAN BIYUNOYADO (2 Nights) (B, D)

Day 17: Sun, Apr 16 – NAGANO. After breakfast, visit the **Jigokudani Snow Monkey Park**, home to a very special troop of monkeys. Created in 1964, the park was established as a conservation area in which these monkeys – Japanese macaques – would have a refuge within what was already their natural habitat. The Monkey Park is a unique place where you can observe the wild monkeys going about their daily lives including the unique behavior of bathing in onsens (natural hot springs). They are the only troop known to do so, something that entered the global consciousness in 1970 when *LIFE* magazine profiled the bathing monkeys on its cover. Since that time, visitors from around the world have been coming to the park to spend time with the famous snow monkeys of Jigokudani. For lunch, stop at **St. Cousair Valley**. After lunch, visit **Obuse Old Town**, a quiet town famous for the **Ganshojin Temple**, home of the famed 1848 mythical bird painting by Katsushika Hokusai. Later, visit **Jinya Komichi** before making a stop at a road side “**Michi-no Eki**.” Not only do they provide a clean and convenient rest stop, but you will find an array of farmer-direct merchandise along with other “omiyage” items. Later, stop at Chikusagawa Kasen Koen to view cherry blossoms. Return to the hotel for dinner. (B, L, D)

Day 18: Mon, Apr 17 – NAGANO – TOKYO. Begin the day with a visit to **Daio Wasabi Farm**, one of the country's largest wasabi farm. The farm has multiple large fields with a network of small streams, that provide clear, flowing water from the Northern Alps. Only under such pristine conditions is wasabi cultivation possible. A wide variety of wasabi related products are available. Ever wondered what wasabi ice cream or wasabi beer taste like? After lunch, visit the **Matsumoto Castle**, one of Japan's premier historic castles. Also known as “Crow Castle” due to its black exterior, Matsumoto Castle is unique for having both a secondary donjon and a turret adjoined to its main keep. Depart Matsumoto for Tokyo. The evening is free for you to explore Tokyo on your own. The local guide will have suggestions on various dining and shopping opportunities nearby. KEIO PLAZA HOTEL TOKYO (1 Night) (B, L)

Day 19: Tue, Apr 18 – TOKYO – HONOLULU. After breakfast, begin the day with a visit to **Asakusa**, the center of Tokyo's shitamachi (literally “low city”) districts, where an atmosphere of the Tokyo of past decades survives. Asakusa's main attraction is **Sensoji**, a very popular Buddhist temple built in the 7th century. The temple is approached via the **Nakamise**, a shopping street that has been providing temple visitors with a variety of traditional local snacks and tourist souvenirs for centuries. Enjoy time for lunch (on your own) and shopping at **Tsukiji Outer Market**. Although the Inner Market (and live auctions) have relocated, the Outer Market remains – full of a mixture of wholesale and retail shops along with numerous restaurants. Seafood fresh from the auction block are available for purchase. Lastly, visit **Ameyoko**, a busy market street along the Yamanote Line tracks between Okachimachi and Ueno Stations. The name “Ameyoko” is a short form for “Ameya Yokocho” (candy store alley), as candies were traditionally sold there. Alternatively, “Ame” also stands for “America”, because a lot of American products used to be available there when the street was the site of a black market in the years following World War II. Today, various products such as clothes, bags, cosmetics, fresh fish, dried food, and spices are sold along Ameyoko. Transfer to the airport for the flight home. Depart Tokyo and arrive Honolulu the same day. Aloha and Welcome Home! (B)