







2026 SCANDINAVIA & BALTIC HIGHLIGHTS TOUR

Including Denmark, Norway, Sweden, Finland, Estonia, Latvia & Lithuania

15 Nights / 18 Days • Escorted from Honolulu September 01 – 18, 2026 • Tour Manager: Annette Nishikawa

Featuring: Copenhagen • Odense • Hirtshals • Overnight Ferry Cruise to Norway Bergen • Stalheim • Flåm Railway • Fjord Cruise • Borgund • Oslo • Stockholm Skansen • Overnight Cruise to Finland • Helsinki • Tallinn • Pärnu • Riga • Biržai

Overview: Wander through the cobblestone streets of Copenhagen, marvel at the breathtaking Aurlandsfjord and Nærøyfjord, and embrace the majestic charm of Oslo. Discover Stockholm's archipelago, soak in Helsinki's seaside allure, and walk along Tallinn's medieval walls. Delve into the rich history of Riga, and explore the beer capital of Lithuania, Biržai. This adventure invites you to explore the vibrant capital cities and unique treasures of Scandinavia and the Baltic states, creating memories that will linger long after the journey ends. Highest Elevation: 2,833 feet at Myrdal Station on the Flåm Railway. Walking Expectations: "Active" — an average of 3½ miles per day often encountering uneven surfaces, steps, and inclines.

Your Scandinavia & Baltic Highlights Land Tour Includes:

Roundtrip Economy Airfare from Honolulu
Accommodations in Superior Tourist Class and First Class Hotels
14 Daily Breakfasts — Either Continental or Buffet • 9 Dinners
Services of a Europe-based Tour Manager
Land Transportation — Deluxe, Air-Conditioned Motorcoach
Airport Transfers • Baggage Handling • All Taxes, Transfers, and Fees

* Per person based on double occupancy. All taxes and fees included. Subject to change at anytime with/without notice. Single Supplement: \$2,195. Final Payment Due: 04/24/26. Tipping is not included — guideline (per person per day): Tour Manager. €6.00 (euros) - Driver: €6.00 (euros). Image Tours Non-refundable Deposit: \$250 per person (credit card OK) - Final payment by credit card OK. Non-Tour Prize (INST) Deposit: \$500 per person (credit card OK) - Final payment by personal check only. Prizing: prices are subject to change at any time and the applicable price will be determined by the current prizing in effect on the date we receive each deposit and reservation application. After deposits are received, a \$75 per person NST cancellation fee will also apply. NST cannot guarantee that all tour members will travel on the same air itinerary as tour escort. Tour escort assignments are subject to change with/without notice. Air cancellation penalties: for cancellations receive 150 days — final payment date — deposit forfeiture: after final payment date — 100% of total charges. Travel to Europe in 2026 will require a Visa or Visa Waiver — price of this Visa or Visa Waiver — price of this Visa or Visa Waiver — price of this Visa or Visa Waiver is not included in the price of this visa. It is discretion, may use group and individual photos on its website, print, television, and various social media. — Early booking discount is per person. Purchase of NST's complete Air and Land Package is required. — If Earn rewards every time you refer a friend. For each "New-to-NST" customer you refer, by you and your referral can receive a \$52 discount.

off your next NST escorted group. Special Assistance: You must notify NST, at time of reservation, of any disability requiring special attention. NST reserves the right to cancel your booking or terminate your vacation if your special needs or disabilities are not suitable for the vacation or if you are not traveling with a companion who will provide all the assistance you require. Wheelchair and electric scooter access outside of the USA is severely restricted. 110125

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Select sightseeing is included in tour. Additional optional tours are available for purchase through Image Tours. Itinerary shown is based on Image Tours' 2025 tour. Tour itinerary and inclusions are subject to change.

Day 1: Tue, Sept 01 — HONOLULU. Depart Honolulu.

Day 2: Wed, Sept 02 — IN TRANSIT.

Day 3: Thur, Sept 03 — COPENHAGEN, DENMARK. Upon arrival, clear passport control, and collect your luggage. Meet your Europe-based tour manager. Board your deluxe motor coach for the transfer to your Copenhagen Airport area hotel. During the "Welcome to Scandinavia" Dinner, get acquainted with your fellow travelers. RADISSON BLU SCANDINAVIA COPENHAGEN or Similar (2 Nights) (D)

Day 4: Fri, Sept 04 — COPENHAGEN. This morning, a Local Guide will introduce you to the treasures of Copenhagen, including Amalienborg Palace (residence of the King and Royal Family), Frederiks Kirke (also known as the Marble Church), and Copenhagen's trademark statue of the Little Mermaid. Following your city tour, Copenhagen's Nyhavn district is the perfect setting for an independent lunch amid the colorful townhouses and historic wooden ships that line the canal. The afternoon is free to continue your exploration of Copenhagen or join your European Tour Manager for an optional Danish Castles Excursion. This evening, enjoy an included visit to the Tivoli Gardens, Copenhagen's famous amusement park and pleasure garden. Take in the vibrant nightlife during an independent dinner at one of the park's many restaurants. (B)

Day 5: Sat, Sept 05 — COPENHAGEN — ODENSE — HIRTSHALS — OVERNIGHT FERRY CRUISE TO NORWAY. Denmark is made up of the Jutland Peninsula as well as more than 400 islands, with Zealand and Funen as the largest. Upon departing the Danish capital, located on Zealand, travel west to Funen via the 18 kilometer (11.25 mile) Storebælt (Great Belt) Fixed **Link**, consisting of two bridges and a tunnel. By late morning, arrive in Odense for an included visit to the **Hans Christian** Andersen Museum. Born in 1805 Andersen went from humble beginnings to enormous fame for his beloved fairy tales including The Ugly Duckling, The Princess and the Pea, and The Emperor's New Clothes. Continue north on the Jutland Peninsula to the port city of Hirtshals, where you will embark on an overnight cruise to Bergen, Norway. Dinner will be served on-board. FJORDLINE: HIRTSHALS — BERGEN FERRY (1 Night) (B, D)

Day 6: Sun, Sept 06 – BERGEN, NORWAY – STALHEIM. Wake up to the invigorating breeze of the North Sea and arrive in Bergen's harbor by mid-day. Bergen is one of Europe's oldest port cities, established as a center of trade in the 12th century. Bergen's old wharf, known as Bryggen, is a reminder of the town's importance as part of the Hanseatic League's trading empire. Wander among the historic row houses where you will find potters, jewelers and leather crafters, as well as restaurants and cafés. Departing Bergen, take in the pure Norwegian scenery on the way to your hotel in Stalheim. Before your included dinner, explore the grounds and take photos of the hotel's aesthetically unique location. STALHEIM HOTEL or Similar (2 Nights) (B, D)

Day 7: Mon, Sept 07 — FLÅM RAILWAY — FJORD CRUISE — STALHEIM. Spectacular vistas abound today! Experience a one-hour journey on the scenic **Flåm Railway**, past mountains, waterfalls and stunning landscapes. The railway itself is an engineering marvel, descending 2,844 feet as you

approach Flåm. Pause in Flåm to enjoy a relaxing independent lunch and explore the village shops or the railway museum. This afternoon, board a **fjord steamer** for a **two-hour cruise** through the Aurlandsfjord and the Nærøyfjord, the world's narrowest fjord and a UNESCO World Heritage Site. Disembark at Gudvangen where the motor coach will be waiting to return you to the Stalheim hotel for dinner. (B, D)

Day 8: Tue, Sept 08 – BORGUND – OSLO. This morning, visit the **Borgund Stave Church**. Made of wood and coated in a unique natural tar, stave churches dotted the countryside of Norway during the Middle Ages. Built around 1180, Borgund is exceptionally well preserved and is one of the most distinctive stave churches still standing. From Borgund, lush wooded areas, hills, lakes and resort villages complement the journey towards Oslo. Make an afternoon stop before reaching your Oslo hotel for check-in and an included dinner. RADISSON BLU OSLO ALNA or Similar (2 Nights) (B, D)

Day 9: Wed, Sept 09 — OSLO. A Local City Guide will accompany you and provide insight into Oslo's scenic waterfront, fjord-influenced landscape and Norwegian culture. The fascinating Vigeland Sculpture Park is included in your orientation tour. You'll also see landmarks such as the Parliament Building, Royal Palace, and Oslo City Hall the venue for the Nobel Peace Prize Ceremony. The rest of the day is yours to discover all that Oslo has to offer. Aker Brygge, the revitalized waterfront district, is a pleasant place for an independent lunch and for further exploration. Consider spending the rest of your free time touring the Akershus Fortress, studying intriguing works of art at the Munch Museum, or joining the optional Bygdoy Peninsula Excursion, including the Fram and the Norwegian Museum of Cultural History. Dinner is independent this evening, providing the opportunity to experience Oslo's rich culinary culture. (B)

Day 10: Thur, Sept 10 — STOCKHOLM, SWEDEN. Today is a full day of travel from Oslo to Stockholm. Take in the beautiful scenery as you pass by rich farmlands, expansive pine forests, rustic terrain and pristine lakes. Stop for an independent lunch in one of the small towns along the way. Dinner will be served after check-in at your Stockholm area hotel. QUALITY HOTEL STRAWBERRY ARENA or Similar (2 Nights) (B, D)

Day 11: Fri, Sept 11 — STOCKHOLM. Start the day with an overview of city landmarks by motor coach, followed by a walking tour through **Gamla Stan**, Stockholm's Old Town. Situated on Stadsholmen Island and two islets, Gamla Stan dates back to the 13th century and consists of medieval alleyways, cobbled streets, and well-preserved Gothic buildings including the **Royal Palace**, **Stockholm Cathedral**, and the **Riddarholmen Church** (one of the oldest buildings in Stockholm). For your independent lunch in Gamla Stan, try a Swedish smörgåsbord at one of the many restaurants. The afternoon is free for independent sightseeing or join your European Tour Manager for an optional *Drottningholm Palace Excursion*. This evening, return to the Stockholm city center for an independent dinner in the lively and bustling Swedish capital. (B)

Day 12: Sat, Sept 12 – STOCKHOLM – SKANSEN – OVERNIGHT CRUISE TO FINLAND. Stroll along Stockholm's harbor or join your European Tour Manager for the optional *Vasa Museum Excursion*. By lunchtime, transfer to **Skansen**, the world's first open-air museum. Founded in 1891, Skansen features 150 Swedish farms and dwellings illustrating how people lived between the 16th and the early 20th centuries. Staff members are dressed in period clothing and provide insight into daily life over the past 500 years. The museum is also home to the **Stockholm Zoo**, which features native Nordic animals. After an independent lunch in Skansen, transfer to the harbor



to check-in for the overnight cruise to Helsinki, Finland. Explore the ship before dining on a lavish buffet dinner. Spend the rest of your evening experiencing all that the ship has to offer including tax free shopping, musical entertainment and dancing. TALLINK SILJA LINE (1 Night) (B, D)

Day 13: Sun, Sept 13 — HELSINKI, FINLAND. Enjoy breakfast on the ship's deck as the island-dotted shores of Finland come into view. The cruise ship will dock in Helsinki by mid-morning. Board the motor coach and proceed to the city center where a Local Guide will join you to share some of the city's most attractive sites including the **Rock Church**, **Senate Square**, **Uspenski Cathedral**, and **Helsinki Cathedral**. This afternoon, visit Helsinki's **open-air markets** where local merchants sell traditional foods and local treats, as well as handicrafts and souvenirs. After check-in at your hotel, continue your exploration of the city during an independent dinner. HOLIDAY INN HELSINKI or Similar (1 Night) (B)

Day 14: Mon, Sept 14 — TALLINN, ESTONIA. Transfer to the Helsinki ferry terminal for a **two-hour crossing** over the Gulf of Finland to Tallinn, Estonia. Tallinn's **Old Town** is one of the best maintained medieval cities in Europe. A Local Guide will take you on a walking tour through the winding cobbled streets. This well-preserved 13th century city is divided into two distinct parts: **Toompea Hill**, which was home to the gentry that lorded over the countryside; and the **Lower Town**, where merchants traded goods from around the world on the Town Hall Square. Find a quiet restaurant in the Old Town for an independent dinner or participate in the optional *Olde Hansa Dinner Excursion*. CROWNE PLAZA HELSINKI-HESPERIA or Similar (1 Night) (B)

Day 15: Tue, Sept 15 — TALLINN — PÄRNU — RIGA, LATVIA. Depart Tallinn and travel to Pärnu, a medieval city and the ultimate summer destination. While there take in its laid-back atmosphere, sandy beaches, spas and restaurants. Stop at a local market to purchase snack items for a picnic along the beach promenade, or have lunch at one of the sidewalk cafés. This afternoon, continue your journey into Riga, the capital city of Latvia, where you will spend the next three nights. RADISSON BLU LATVIJA or Similar (3 Nights) (B, D)

Day 16: Wed, Sept 16 — RIGA — BIRŽAI, LITHUANIA — RIGA. A morning drive takes you over the border and delivers you to Biržai, one of the oldest cities in Lithuania. Begin your visit with an informative city walk, followed by free-time for independent lunch. Biržai is often consider the beer capital of Lithuania due to its long history and unique brewing techniques. For more insight, join the optional *Lithuanian Beer Route Excursion* to learn about the brewing history and taste a sampling of the local beers complimented by authentic snacks. Return to Riga by the late afternoon. Riga's Old Town is within walking distance and is an excellent place to soak up the local sights and flavors during an independent dinner. (B)

Day 17: Thur, Sept 17 — RIGA. Riga is the largest of the three Baltic capitals, boasting a skyline of Gothic spires and one of the world's richest collections of Art Nouveau architecture. A Local Guide will point out some of the city's highlights including the **Castle, St. Peter's Church**, and **Dome Cathedral**. The remainder of the day is at your leisure. For lunch, wind your way through the enormous Central Market offering savory sausage, cheese, black bread, smoked fish and other local favorites. Or, enjoy a hearty meal at a friendly bistro. You may wish to try the mysterious Riga Black Balsam, a traditional Latvian herbal liqueur made with natural ingredients mixed in pure vodka. Return to the hotel this evening for a **"Farewell Dinner"** with your fellow tour participants. (B, D)

Day 18: Fri, Sept 18 – RIGA – HONOLULU. Your Scandinavia and Baltic Highlights Tour has come to an end. Return flight back to Honolulu. Aloha and welcome home!